

Providing Education and Support for those with Parkinson's Disease, their families and friends, caregivers and healthcare providers in the greater Austin Community.



CAPITAL AREA PARKINSON'S SOCIETY

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October, 2006 Newsletter

Board Members

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Vice President

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Scherr

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Genie Jackson

Mary Gilcrease

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Jones

Wynnette Harris

Carol Popham

Deborah Robinson

James Schrader

October Meeting

The next meeting of CAPS will be held Saturday, October 21, 2006 at 2:00 pm in the Mc Fadden Auditorium at Seton Main Hospital.

Parking is available in the garage at the south entrance. Free parking vouchers are available at the meeting.

The speaker this session will be Patricia Simpson, MHSM, RN, CCRC. Ms. Simpson manages the Plummer Movement Disorders Center (PMDC) at Scott & White Memorial Hospital in Temple.

Patricia will introduce us to the PMDC, its connection with the National Parkinson Foundation, and its goals. She will provide information on interdisciplinary team care (what it is and its importance), and community education on PD (why and how). Finally, she'll examine how

CAPS and PMDC can work together to accomplish our shared goals.

September Meeting Update

Our thanks and much appreciation go out to Karen Tuel for her excellent presentation and for all the info she shared, not to mention the goodies she brought us. She raffled off three electric toothbrushes and left us with lots of freebies (something everyone can appreciate). Thanks also go to her helper, dental hygienist Paula Snyder, who had insights of her own to share. Our members learned a lot and enjoyed the time spent. Let's hope Karen will make CAPS visits an annual event!

A lesson learned: Make sure you and your Parkie get a good cleaning two or three times a year. PD'ers often have an awful time keeping a healthy mouth, gums and teeth!



Member Update

Our warmest thanks to Mark Lamkin, SVP of TechSkills LLC (and our very own Webmaster), along with their new Boston acquisition, for their generous donation to CAPS. It will be put to good use.

Caps Secretary, Cathy Rivera, is back at work after successful back surgery . . . and a lot of R&R. Cathy & Tammy Steele are CAPS PT/Music team at our meetings.

Please join us in sending heartfelt condolences to Leo Gossett's wife, Carmen, his family and friends. Leo, a CAPS member, died September 10.

Albert Chammah is under Hospice home care. He had a bit of a setback this spring, but he is now stronger and more alert. He and Lorraine send greetings to everyone.

Maybe We're Dreaming, But . . .

Some of our members have told us that getting transportation to the meetings is a problem. *IF* we were able to arrange such a service, who would use it? To give us an idea of where the need exists, please call Lois, Susie or any of our officers with your inputs.

The Slate

The following is the slate from our Nominating Committee, published yearly in October so we can vote on it in the November meeting. You're not on it but would like to be? Never fear! Nominations from the floor are graciously accepted.

Board Members President: Lois Rice Vice President: Maxine Jenks Secretary: Cathy Rivera Treasurer: Emile Mailloux Advisors Sam Anderson Lorraine Chammah Kitty Hoskins	Members At Large Vilma Faick Fran Gerling Jack Gerling Mary Gilcrease Wynnette Harris Genie Jackson Don Jones Phyllis Jones Betty Mailloux Barbara Metzger Susie Lightfoot Scherr James Shrader	New Nominees to the Board Herman Caviel Fred Moccia Yulah Sisler Claudette Porter Patricia Bordie (Area Agency on Aging)
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Meetings Ahead

- Sunday, October 22, 2006, 3:00 PM: Young Onset Group at the Red Lobster, 109 W. Anderson.
- Saturday, October 28, 2:00 PM: Caregivers only at Riverbend Church, 4214 N Capital of Texas Hwy
- November 14, 2:00 PM: Board of Directors meeting at Parsons House

An Apology, and Some Newsletter Housekeeping

Due to procrastination on my part, last month's CAPS newsletter didn't arrive in some members' homes until the 18th, two days after the September session. Barring a catastrophe, I'll have this document in the printer's hands no later than two weeks prior to the meeting. Sorry, folks.

Nobody likes junk mail. Are you getting this newsletter but would prefer not to? Please contact me (Tom Fisher) at Jumpsstart5@sbcglobal.net or (512) 282-9420 and we'll stop.

