



CAPITAL AREA PARKINSON'S SOCIETY

P.O. Box 27565
Austin, Texas 78755-2565
(512) 459-9876
A 501(3)(C) Non-Profit

www.capitalareaparkinsons.org

November, 2007

2007 CAPS Officers

President:

Lois Rice

Vice President:

Maxine Jenks

Secretary:

Cathy Rivera

Treasurer:

Emile Mailloux

Advisors

Sam Anderson

Lorraine Chamamah

Kitty Hoskins

2007 Members

Jenny Banks (New)

Patricia Bordie

Deborah Bryson

Herman Caviel

Wilma Falck

Fran Gerling

Jack Gerling

Wynnette Harris

Genie Jackson Jones

Don Jones

Phyllis Jones

Susie Lightfoot Scherr

Betty Mailloux

Barbara Metzger

Claudette Porter

James Shrader

Yulah Sisler

CAPS Webmaster:

Mark Lamkin

November Calendar

The next meeting of CAPS will be held Saturday, November 17th, 2007 at 2:00 pm in the Mc Fadden Auditorium at Seton Main Hospital.

Parking is available in the garage at the south entrance. Free parking vouchers are available at the meeting.

CAPS Board of Directors meeting is November 13th to elect new board members for 2008

Dr. Morledge from the Neurological Clinic will be our speaker for the November 17th meeting.

December 15th Holiday Social, entertainment & goodies...

CAPS Board members team meeting with producers and professionals to produce Video/DVD about Austin CAPS.

News Update

Effective with this newsletter some changes have taken place. Tom Fisher has decided to retire from the newsletter. And I have volunteered to take his place and hopefully I will be able to do as well as Tom. My name is Sheila Koehler. My life now is taking care of my husband Travis. And my **left over** spare time is spent on my hobby of machine embroidery, & sewing craft items. I have been retired since 2004 and have never looked back. I am married to Travis Koehler who has been diagnosed with PD for the past five years. I volunteered for the newsletter to get more involved with the Parkinson's Society and to learn more about this disease. I have never done a newsletter before but it's never too late to learn! Please bear with me. Please feel free to provide me with lots of information to share with the other members please don't hesitate to e-mail me at

sheilakeohler@austin.rr.com
or call me @294.4302.



Announcements

Mary Davidson continues to coordinate a volunteer system to secure rides for persons who wish to attend our Saturday meetings. The system works like this:

1. Persons who are willing to pick someone up in their general area of town and give them a ride call Mary at (512) 257-0529 or (512) 659-9478 and leave your names and phone numbers.
2. Persons who wish to have a ride to the meeting would call the same number(s) by the WEDNESDAY before the Saturday meeting, and Mary will match riders with rides.

As Lois suggested last time, you may want to attach this information to your CAPS Directory or tape to your refrigerator with your other important information.

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Did you know that by shopping at [Randall's](#), you can contribute to CAPS? By linking your *Remarkable Card* to the CAPS account number 11720, you'll be participating in Randall's [Good Neighbor Program](#), who will then donate 1% of your purchase price to CAPS. How easy is that? Tell your friends, family, everyone you know!

For more information, you can contact your local Randall's store, or stop by CAPS' [Web site](#).

2008 CAPS Board Nominees

Every year in the October Newsletter, we announce the nominations for the positions of the folks that will "run the show" for the Capital Area Parkinson's Society. This year is no exception. Drum roll, please.

<u>Officer Nominees</u>	<u>New Board Member Nominees</u>	<u>2008 Board Members</u>
<p><u>Co-Presidents:</u> Kitty Hoskins & Susie Lightfoot Scherr</p> <p><u>Vice-President:</u> Jenny Bankston</p> <p><u>Secretary:</u> Cathy Rivera</p> <p><u>Treasurer:</u> Claudette Porter</p> <p><u>Advisors:</u> Maxine Jenks Lois Rice</p>	<p>Jaime Eyer Marianne Foley Maggie Glazener A.J. Hernandez Sheila Koehler Shirley Uzzell</p>	<p>Sam Anderson Patricia Bordie Deborah Bryson Herman Caviel Fran/Jack Gerling Wynnette Harris Betty/Emile Mailloux Barbara Metzger Yulah Sisler</p>

Future Meetings

CAPS Monthly Sessions

Date	Session	Notes
November 17	Dr. David Morledge	Austin Neurological Clinic
December 15	Christmas Party	Seasonal meet-'n'-greet

Other Meetings

November 13, 2PM	Board of Directors at Parsons House	Charting CAPS' courts for 2008

Young Onset Group Meeting

The Young Onset Group meeting will be held Sunday, 2007 at 3:00 PM at the Red Lobster, 109 W. Anderson. For more information, contact James Shrader at 671-3067 or at.

mmr12stringjms@aol.com

