



CAPITAL AREA PARKINSON'S SOCIETY

P.O. Box 27565
Austin, Texas 78755-2565
(512) 459-9876
A 501(3)(C) Non-Profit

www.capitalareaparkinsons.org

October 2008

CAPS MONTHLY MEETING

CAPS will hold its next monthly meeting on October 18 from 2p.m. to 4p.m. at Seton Hospital, McFadden Auditorium. The meeting will feature guest speaker Norma Almanza, the HICAP (Health Insurance Counseling and Advocacy Program) Coordinator for the Texas Department of Insurance. Norma works within the Public Education Unit of TDI's Consumer Protection Division, often providing training to lay staff and volunteers to become certified health benefits counselors.

Seton Hospital is located at 1202 West 38th Street. Access to the auditorium, which is located on the ground floor, is most convenient from the south side of the hospital. Parking in the garage is free.

I AM, I CAN

The Center for Music Therapy will be holding the "I Am, I Can" Walks in memory of Fran Dumitru (1929-2008) and Marianne Foley (1939-2008). Please join us October 19 for the IBM Uptown Classic 5K. If you can walk five feet, then walk with us as a team relay. To sign up, call 472-5016 or send an email to admin@centerformusictherapy.com. For free training, visit our website at www.centerformusictherapy.com.

2008 CAPS Officers

Presidents:

Kitty Hoskins &
Susie Lightfoot Scherr

Vice President:

Jenny Bankston

Secretary:

Cathy Rivera

Treasurer:

Claudette Porter

2008 Board Members:

A.J. Hernandez

Barbara Metzger

Deborah Bryson

Emile & Betty Mailloux

Herman Caviel

Jack & Fran Gerling

Jaime Eyer

Lois Rice

Lorraine Chammah

Maggie Glazener

Mark Lamkin

Maxine Jenks

Patricia Bordie

Sam Anderson

Sheila Koehler

Shirley Uzzell

Wynnette Harris

Yulah Sisler



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July 2008

SOLO WITH PARKINSON'S

If you have Parkinson's and live alone, please join us for lunch and conversation from 12:30p.m. to 2p.m. on Thursday, October 16, at the home of Tina Daniel, 6101-B Bullard Drive. For more information, call Tina at 458-1787 or at 963-0028. You can also email her at tina.daniel@sbcglobal.net. If you need a ride or directions, please contact Lydia Blanchard after October 13th at 445-2487 or at <mailto:lblanchard@txstate.edu>.

NEW BURNET MEETING

The Burnet PD Outreach will be holding its meetings at a new location: Seton Highland Lakes Hospital, located at 3009 Industrial Blvd., Burnet, TX 78611. The group will be meeting monthly from 2p.m. to 3p.m. on every second Wednesday of the month. The Community Outreach Liaison, Lynn Wisdom, is pleased to facilitate with us. For more information, you can reach Lynn at lwisdom@seton.org or at 345-1380.

WELCOME NEW MEMBERS!

Cherrie & Ara Carapetyan
Greg & Jan Havlin
Jon & Judith Kalb
John MacCord &
Simonetta Rodriguez
Gary & Wendy Podwalny
Roxy Zapata

YOUNG ONSET GROUP

The next regular meeting of the Young Onset Group will be held Sunday, October 26, at Artz Rib House, located at 2230 S. Lamar Blvd. The meeting will be held from 2p.m. to 4p.m. For more information, please contact A.J. Hernandez at 671-0605.

MAKE A DONATION TO CAPS

CAPS will be selling items at each monthly meeting. The items include PD bracelets for \$1, PD car magnets for \$3, and PD red tulip pins for \$5.

We are also taking orders for **2009 CAPS Tulip Calendars**. The calendars will be selling for \$5 and make great gifts.

CAPS BOARD MEETING

The final 2009 CAPS Board meeting will be held November 11 starting at 2p.m. at the Parsons House. All members are welcome to attend.

