



CAPITAL AREA PARKINSON'S SOCIETY

(512) 459-9876

<http://www.capitalareaparkinsons.org>

SEPTEMBER 2008

CAPS MONTHLY MEETING

CAPS will hold its next monthly meeting on September 20 from 2p.m. to 4p.m. at Seton Hospital, McFadden Auditorium. The meeting will feature guest speaker Dr. Rob Izor, MD, MS, of Neurology Solutions Consultants, which is the only Movement Disorders Center in Central Texas. Dr. Izor will talk about "Diet, Exercise, and Anti-Oxidant Strategies in Parkinson's Disease." In addition, Dr. Izor will bring information on how to deal with Parkinson's disease, and he will discuss the latest information on therapy for Parkinson's. For more information about Dr. Izor and for helpful links to other Parkinson's news, visit the Neurology Solutions website at www.neurologysolutions.com.

Seton Hospital is located at 1202 West 38th Street. Access to the auditorium, which is located on the ground floor, is most convenient from the south side of the hospital. Parking in the garage is free.

SATURDAY NIGHT IN THE PARK

Join us for dinner, music, and a movie on Saturday, September 13 at 6p.m. to help support CAPS. The event will be held at the Wells Branch Pavilion in Katherine Fleisher Park, located at 2106 Klattenhoff Dr., Austin, TX 78728. Tickets are \$10 for adults and \$5 for children 12 and under. The ticket price includes a grilled fajita dinner, dessert, live music by singer/songwriter Craig Toungate, a silent auction, and an outdoor showing of "Bringing up Baby" featuring Cary Grant and Katherine Hepburn. For more information and for directions to the park, please contact Deborah Bryson at 238-5000 or brysond@accoladehomecare.com.

2008 CAPS Officers

Presidents:

Kitty Hoskins &
Susie Lightfoot Scherr

Vice President:

Jenny Bankston

Secretary:

Cathy Rivera

Treasurer:

Claudette Porter

2008 Board Members:

A.J. Hernandez
Barbara Metzger
Deborah Bryson
Emile & Betty Mailloux
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Maggie Glazener
Mark Lamkin
Maxine Jenks
Patricia Bordie
Sam Anderson
Sheila Koehler
Shirley Uzzell
Wynnette Harris
Yulah Sisler

WELCOME NEW MEMBERS!

S. Clark & Earleen Allen
Eugenia Danakis &
Hugh Koog
Donald E. & Terry Franklin
Mary Lou & Carl Larson
George & Virginia Nokes &
their son Jack



CAPITAL AREA PARKINSON'S SOCIETY

P.O. Box 27565
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(512) 459-9876
A 501(3)(C) Non-Profit

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September 2008

SINGLES WITH PARKINSON'S

Singles with Parkinson's will meet for conversation and snacks Friday, September 19, from 3-5p.m. in Room 15 of the Unitarian-Universalist Church at 4700 Grover. The group plans to carpool to the September 13 fundraiser at Wells Branch Pavilion; please join us if you are alone and would like to attend. Call Lydia Blanchard at 445-2478 for more information.

CAPS FILM COMPLETED

Kitty and Susie have reviewed and approved the CAPS film that the Elephant Production Interns created this summer. It will be shown at the November meeting and will be on the CAPS website.

DONATIONS NEEDED

A.G.E. needs items to be used as prizes for folks who go to adult daycare. We will have an area for you to leave games, toiletries, surprises, etc. at the upcoming meetings. Anything you can donate is excellent!

MAKE A DONATION TO CAPS

CAPS will be selling items at each monthly meeting. The items include PD bracelets for \$1, PD car magnets for \$3, and PD red tulip pins for \$5.

We are also taking orders for 2009 CAPS Tulip Calendars. The calendars will be selling for \$5 and make great gifts.

MICHAEL J. FOX FOUNDATION FUNDRAISER

Mark your calendars for Sunday, October 26 from 1-5p.m. for a fundraiser for the Michael J. Fox Foundation at San Gabriel Park in Georgetown. "Play to Find a Cure for PD" is the theme, and various games will be available including bridge, dominoes, and many others.

A MESSAGE FROM KITTY & SUSIE

CAPS is your organization. We are all in this together. Please send us your comments, suggestions, and newsletter items.

Also, please be aware of the items on the red cloths. These items include member sign-up sheets, handout materials, and items for sale such as the PD bracelets, magnets, and pins.