

*Providing Education and Support for those with Parkinson's Disease, their families and friends, caregivers and healthcare providers in the greater Austin Community.*



## CAPITAL AREA PARKINSON'S SOCIETY

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A 501(3)(C) Non-Profit

[www.capitalareaparkinsons.org](http://www.capitalareaparkinsons.org)

### May, 2007

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#### May Meeting

The next meeting of CAPS will be held Saturday, May 12, 2007 at 2:00 pm in the Mc Fadden Auditorium at Seton Main Hospital.

Parking is available in the garage at the south entrance. Free parking vouchers are available at the meeting.

This month's speaker(s) and subject matter are . . . ahem . . . "TBD." You've probably seen the acronym before. It stands for "To Be Determined."

To be more specific, I don't know who will speak, or what they'll be speaking about. The last time this nearly happened (and, yes, things have gone a bit pear-shaped with scheduling before, believe it or not), "Plan B" was to hold a roundtable session, where we the members would sit around tables and discuss the care and feeding of Parkinson's Disease, and document our findings for posterity. We had an intentional Roundtable back in August where

much useful information was exchanged. (Personally, I thought it was one of our better meetings.) But before you head for the McFadden Auditorium, feel free to check the calendar on our Web site to see if we've gotten someone lined up. If history is any indicator, though, you can count on a "Win-Win" situation either way.

#### April Meeting Update

Our deepest appreciation goes out to Eva Church and Mallalieu Avery, respective directors of the [Caregiver Resource Center](#) and [Elderhaven Adult Day Care](#), for their well-prepared, wise and witty presentations last month. Eva and Mallalieu represented two of the four interrelated service programs offered by Austin Groups for the Elderly, or AGE. For more information on this organization or any of its programs, visit <http://www.ageofaustin.org/> or call (512) 451-4611.

### **Free Caregiver Seminar**

Submitted by Susie Lightfoot Scherr

Area Agency on Aging and Austin Groups for the Elderly will be presenting a free seminar, *Care for the Caregiver, or Learning to "Brake Before you Break"*, to be presented Saturday, May 19, 2007 from 9:00AM 'til Noon at the Norris Conference Center at 2525 West Anderson Lane. A continental breakfast will be provided and free respite care made available at Elderhaven Adult Day Care. Please call Ray Glenn at 916-6062 or [rglenn@capcog.org](mailto:rglenn@capcog.org) to RSVP and/or request respite care.

### **CAPS Board Meeting**

The next CAPS Board Members meeting will be held Tuesday, May 15 at 2:00 PM in the Chapel at Parsons House.

### **A Little-Known Veteran Benefit**

Submitted by Kitty Hoskins

Kitty sent me an item from her neighborhood newsletter, the *Summerwood News*, about a little-used Veterans' benefit that "helps wartime veterans and their surviving spouses pay for elder care." It seems that *NBC Nightly News* covered this subject back on February 23<sup>rd</sup> when they interviewed one eligible widow who was receiving about \$900 a month from the VA. For more information and to determine if you're eligible for the "Aid and Attendance" benefit, you can call 1-800-827-1000, check online at [www.va.gov](http://www.va.gov), or contact any local veterans' service organization.

### **Support Group Meetings**

Austin, TX Support Group: The Austin Parkinson's Disease Support Group meets on the 3rd Friday of each month, from 10:00 - 11:00 AM. Location: [Parsons House](#), 1130 Camino La Costa, Austin. For more information, please call Jaime Eyer 512-454-5502 or email [Susie Lightfoot Scherr](#) or [Kitty Hoskins](#).

Bastrop, TX Support Group: The Bastrop Parkinson's Disease Support Group meets on the 4th Thursday of each month, from 2:00 - 3:00 PM. Location: [Argent Court](#), 508 Old Austin Hwy, Bastrop. For more information, please call Dawn Smith at 512-321-9500 or email Susie Lightfoot Scherr or Kitty Hoskins.

Burnet, TX Support Group: The Burnet PD Support Group meets the 2nd Tuesday of each month, from 1:00 - 2:00 PM. Location: Highlander Inn/[PC Training Center](#), 105 N. Pierce St., Burnet. For more information, please call 512-756-4949 or email Susie Lightfoot Scherr or Kitty Hoskins.

### **May Young Onset Group Meeting**

The Young Onset Group meeting will be held Sunday, May 20<sup>th</sup>, 2007 at 3:00 PM at the Red Lobster, 109 W. Anderson. For more information, contact James Shrader at 671-3067 or at [mr12stringjms@aol.com](mailto:mr12stringjms@aol.com).

### **Newsletter Stuff**

Got something you think other CAPS members might find useful? Send it to Tom Fisher, AKA [jumspstart5@sbcglobal.net](mailto:jumspstart5@sbcglobal.net) and we'll see about adding it to the next issue. And, as always, any suggestions and comments for improvement will be graciously accepted.

