



# CAPITAL AREA PARKINSON'S SOCIETY

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A 501(3)(C) Non-Profit

[www.capitalareaparkinsons.org](http://www.capitalareaparkinsons.org)

## April 2008

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### CAPS MONTHLY MEETING

The next monthly meeting of the Capital Area Parkinson's Society (CAPS) will feature Dr. Malcolm Stewart. With Dr. Stewart will be Jeryn Laengrich, M.S., CCC-SLP.

Dr. Stewart treats and conducts research in Parkinson's disease, Alzheimer's disease, Restless Leg Syndrome, Peripheral Neuropathy Pain, and Headaches. He is Board Certified in Neurology and a Fellow of the American Academy of Neurology. He is a member of the American Medical Society, the International Movement Disorder Society, the American Association for the Advancement of Science, and the American Headache Society. He directs the American Parkinson Disease Association (APDA), Information & Referral Center at Presbyterian Hospital of Dallas (PHD.), is the Founding Director of the Human Performance Laboratory and the Director of the Anne C. Slicker Early Detection Center for Parkinson's disease. He is a Clinical Professor of Neurology at the

University of Texas Southwestern Medical Center at Dallas. He was a founding member and a past President of the Dallas Area Parkinsonism Society (DAPS) and received the Man of the Year from DAPS. He has received the Texas Health Resources' Community Service Award for Parkinson's disease, the CC Young Hope, Faith and Love Award and the APDA Greer Garson-EE Fogelson Humanitarian Award.

The meeting will be at 2:00 pm on Saturday, April 19, 2008, at the Seton Medical Center on West 38<sup>th</sup> Street, in the McFadden Auditorium. Access to the auditorium, which is located on the ground floor, is most convenient from the south side of the hospital.

This meeting is part of our celebration of April as Parkinson's Disease Awareness month. A "Boston Market lunch" will be furnished by TEVA Pharmaceuticals. We will eat lunch before our speaker gives his presentation, so please arrive before 2:00 pm to register and find your seat.

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## **RIDES**

Mary Davidson coordinates a volunteer ride system for people who need transportation to our Saturday meetings. If you are willing to pick up someone who needs a ride in your area and provide transportation to the meeting and back, call Mary Davidson at (512) 257-0529 or (512) 659-9478 and leave your name, phone number and area of Austin you live in. If you need a ride to a meeting, call Mary Davidson at the same numbers by the WEDNESDAY before the Saturday meeting. Mary Davidson will match riders with rides.

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## **VOLUNTEERS NEEDED**

CAPS always needs volunteers. If you would like to help, contact Kitty Hoskins or Susie Lightfoot Scherr.

A volunteer to write the newsletter is needed **now**. This is a great way to be part of CAPS. Any typos in this newsletter are thanks to Shackleton, an energetic orange tabby.

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## **YOUNG ONSET PARKINSONIANS**

A.J. Hernandez continues to facilitate the 2008 Young Onset PD Group

meetings. The group met March 29 at Chez Zee. Three new members joined the group. Education and “fun” will be the focus for this group as they continue to meet monthly and engage in other activities geared to the young Parkinsonian. Details of the next meeting will be available on the CAPS website or by e-mail if you attended the February or March get-togethers. You may also contact Alexander J. Hernandez at [austinaj@grandecom.net](mailto:austinaj@grandecom.net) for more information.

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## **CAPS OFFICE TO CHANGE ROOMS**

The CAPS office in Parsons House has moved to Room 320, a larger space within the same building. The new area will be large enough for us to hold our board meetings and our caregiver meetings. Thanks to Parsons House for this increase in office space.

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## **MARCH PROGRAM**

We had a great program on depression and mental health by Bonnie Gardner, Ph.D., a counselor in private practice, as our speaker. She provided helpful handouts to those attending the presentation.

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